

Dear track and field families,

Welcome to both our returning athletes and all new members of our Newbury Park Panther community. The Newbury Park Track Club (NPTC) provides the coaching and training necessary for each athlete to excel and achieve their personal best. What began as a simple youth running program in 1968 has evolved into a premiere organization offering competition beyond the VCYTC Varsity Finals, and now provides a path all the way to the National Junior Olympics.

NPTC has a 44-year legacy of phenomenal community participation, with families helping to run the most efficient meets in the conference.

If you have questions about the schedule, rules or any other aspect of the club, please check the website or ask your coach or a board member.

On behalf of the coaches and Board of Directors, we are excited about the 2011 track and field season. And look forward to yet another successful year together.

Sincerely, John Merrill, NPTC President

2011 NPTC Board Members

President: John Merrill (376.5666)

Vice President: David Glienke (499-4229)

Head Coach: Tracy McKeown (498-0868)

Secretary: Maryellen Sebold (375-9395)

Treasurer: Open

Operations: Brandon Johnson (480-9080)

Conference Rep: Matt Cox (499-5777)

Records: Ron & Bea Clemen (376-8219)

Volunteers: Abe Samuel (499-4525)

NPTC is chartered under VCYTC which is a nonprofit organization: Tax ID #: 77-0273966.

For more info go to www.nptrackclub.org.

Refund Policy

If an athlete drops on or **before March 1, 2011**, the registration fee will be refunded (less the \$20 conference fee). **Athletes who drop on or after March 2, 2011 will forfeit their entire Registration fee.** All refunds must be requested via email by contacting the President at jlmerill@verizon.net.

Each age group competes against the same age group from all the other clubs within both the VCYTC and the SCYTC. There is a Boys and Girls division (Team) within each age group to ensure fair competition amongst the athletes. Each Club is organized into age groups determined by the year of birth as follows:

Girls and Boys	
Team Name	Birth Year
Gremlin	2003 – 2004
Bantam	2001 – 2002
Midget	1999 – 2000
Youth	1997 – 1998
Intermediate	1995 – 1996

ATTENTION Volunteers!

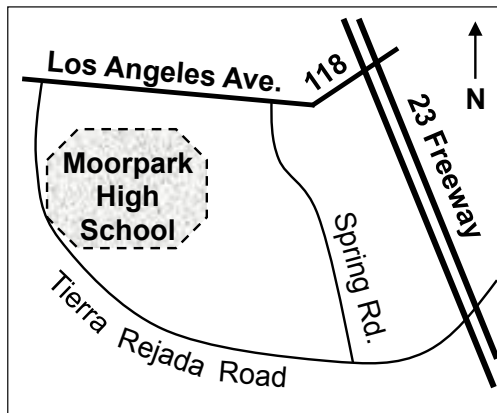
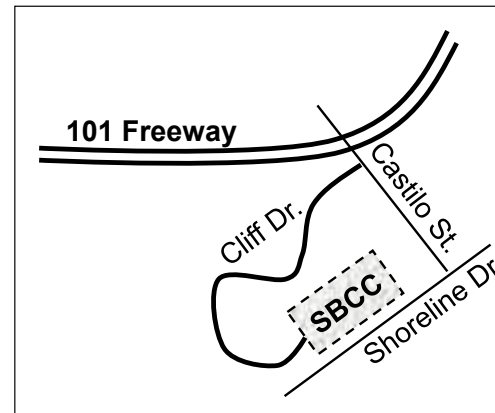
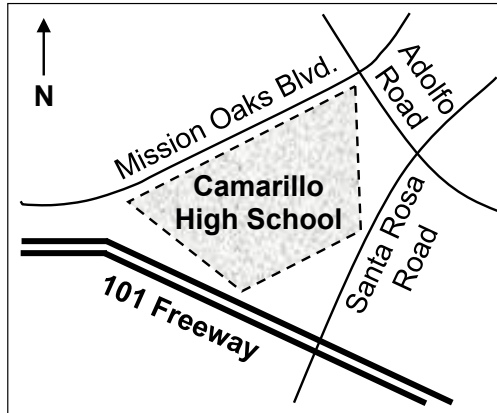
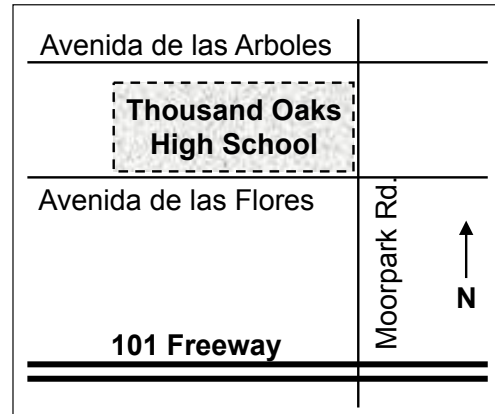
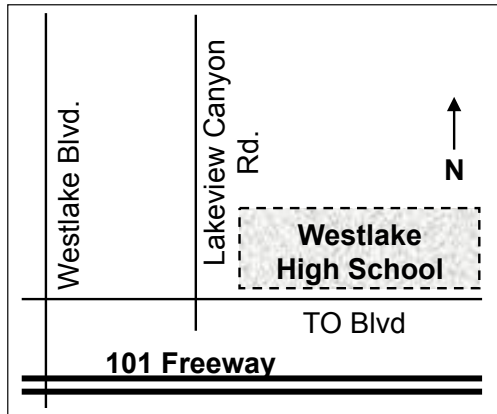
A work force of over 100 volunteers is needed to run each track meet efficiently. Volunteers help time races, measure field events, organize and stage athletes, provide meet set up and tear down and assist in the snack shack. If you can't make your shift, **it is your responsibility to find a replacement.** Once your minimum of three (3) volunteer shifts is fulfilled, your volunteer deposit check is shredded – it is not returned.

2011 Season Calendar

Day	Date	Event Description	Location	Time
S	1/8	Onsite Registration	Borchard Park	9a-1p
W	2/2	Coach's Social	Tracy McKeown's Home	7-8:30p
M	2/7	Parent Meeting	Sequoia	7-8:30p
T	2/15	Practice Begins	NPHS	4:30-6p
M	3/1	Last day to drop		-
W	3/9	Photo day - Grem/Ban	NPHS	4:30p
Th	3/10	Photo day - Mid/Int/Yth	NPHS	4:30p
S	3/19	Meet 1 vs TO/Westlake	Westlake HS	8:30a
S	3/26	Meet 2 vs Camarillo	Camarillo HS	8:30a
S	4/2	Meet 3 vs Ventura	NPHS	8:30a
S/Su	4/9-10	Dual Conference Meet	Moorpark HS	8:30a
S	4/16	Meet 4 vs Oxnard/Westlake	Oxnard HS	8:30AM
S	4/22	BYE		-
S	4/30	Meet 5 vs Moorpark	NPHS	8:30a
S	5/7	JR Varsity Finals	Moorpark HS	8:30a
S	5/14	Varsity Finals	TO HS	8:30a
S	5/21	Dual Conf Champs Meet	SBCC	8:30a
W	5/25	Club Picnic	NPHS	5:30-8p

Order of Events

Running Events	Team Order
3200 M Run	MG,MB,YG-IG,YB-IB
100/80 M Hurdles	IB,YB,IG,YG / MB,MG
4x100 M Relay	BG,BB,MG,MB,YG,YB,IG,IB,GG,GB
1600 M Run	GG,GB,BG,BB,MG,MB,YG,YB,IG,IB
400 M Dash	GG,GB,BG,BB,MG,MB,YG,YB,IG,IB
100 M Dash	GG,GB,BG,BB,MG,MB,YG,YB,IG,IB
800 M Run	GG,GB,BG,BB,MG,MB,YG,YB,IG,IB
200 M Dash	BG,BB,MG,MB,YG,YB,IG,IB,GG,GB
4x400 M Relay	BG,BB,MG,MB,YG,YB,IG,IB
Field Events	Team Order
High Jump	BG,BB,MG,MB,YG,YB,IG,IB
Long Jump	GG,GB,BG,BB,MG,MB,YG,YB,IG,IB
Shot Put	IG,IB,YG,YB,MG,MB,BG,BB



2010 Season



TRACK CLUB

www.nptrackclub.org

My Volunteer Assignments

Date	Location	Set Up (7a)	8:15-11:30	11:15 to End	End + 1hr
Apr 2	NPHS				
Apr 9	Moorpark				
Apr 10	Moorpark				
Apr 30	NPHS				
May 7	Moorpark				
May 14	TOHS				
May 21	SBCC				

SU = Setup (7AM to end of 4x100 relays)

SI = Shift 1 (8:15AM to 11:30AM)

S2 = Shift 2 (11:15AM to end of meet)

TD = Tear Down (end of meet + 1 hour)

My Team: _____

My Coach: _____

Coach's Ph#: _____

Coach's Email: _____