

Dear track and field families,

Welcome to both our returning athletes and all new members of our Newbury Park Panther community. NPTC provides the coaching and training necessary for each athlete to excel and achieve their personal best. What began as a simple youth running program in 1968 has evolved into a premiere organization offering competition beyond the VCYTC Varsity Finals, and now provides a path all the way to the National Junior Olympic level.

NPTC has a 43-year legacy of phenomenal community participation, with families helping to run the most efficient meets in the conference.

If you have questions about the schedule, rules or any other aspect of the club, please check the website, or ask your coach or a board member.

On behalf of the coaches and Board of Directors, we are excited about the 2010 track and field season.

Sincerely, Matt Cox, NPTC President

2010 NPTC Board Members

Club President:

Matt Cox, 499-5777

Vice-President:

Steve Sipes, 498-6671

Head Coach:

Tracy McKeown, 498-0868

Secretary:

Maryellen Sebold, 375-9395

Treasurer:

David Glienke, 499-4229

Director of Operations:

John Merrill, 376-5666

Conference Representative:

Jan Cox, 499-5777

Member-at-Large over Records:

Ron & Bea Clemen, 376-8219

Member-at-Large

Volunteer Coordinator:

Abe Samuel, 499-4525

Refund Policy: If an athlete drops on or **before Tue. March 9, 2010**, the registration fee will be refunded (less the \$20 conference fee). **Athletes who drop on or after Wed. March 10, 2010 will forfeit their entire Registration fee.** All refunds must be requested via email by contacting the Treasurer (jglienke@gmail.com).

Each age group competes against the same age group from all the other clubs within both the VCYTC and the SCYTFC. There is a Boys and Girls division (Team) within each age group to ensure fair competition amongst the athletes. Each Club is organized into age groups determined by the year of birth as follows:

Group Names	Ages	Born in Years
Gremlin	7 to 8	2003 & 2002
Bantam	9 to 10	2001 & 2000
Midget	11 to 12	1999 & 1998
Youth	13 to 14	1997 & 1996
Intermediate	15 to 16	1995 & 1994

ATTENTION Volunteers!

A work force of over 100 volunteers is needed to run each track meet efficiently. Volunteers help time races, measure field events, organize and stage athletes, provide meet set up and tear down and assist in the snack shack. If you can't make your shift, **it is your responsibility to find a replacement.** Once your minimum of three (3) volunteer shifts is fulfilled, your volunteer deposit check is shredded - it is not returned.

2010 Season Schedule

Day	Date	Event Description	Time
Wed	2/3	Coach's Social @ TBD	6:30-8:30
Wed	2/10	Mandatory Parent Mtg @ Sequoia MS	7 - 8 PM
Tue	2/16	Practice Begins	4:30-6:30
Sun	2/28	LA84 Coach's Clinic @ MHS	8 - Noon
Tue	3/9	Last day to drop for full Registration Fee refund	
Thu	3/18	Team photo day - wear your uniform	4:30 PM
Sat	3/20	Meet 1 vs. Moorpark @ NPHS	8:30 AM
Sat	3/27	Meet 2 vs. Oxnard @ Pacifica HS	8:30 AM
Sat	4/3	Bye - no meet	--
Sat	4/10	Meet 3 vs. Ventura @ Buena HS	8:30 AM
Sat	4/17	Meet 4 vs. Heritage Valley @ NPHS	8:30 AM
Sa/Su	4/24&25	Dual Conference Invitational Meet @ MPHS	8:30 AM
Sat	5/1	Meet 5 vs. Thousand Oaks @ MPHS	8:30 AM
Sat	5/8	Meet 6 vs. Ojai @ Nordhoff HS	8:30 AM
Sat	5/15	Jr. Varsity Finals West @ Oxnard HS	8:30 AM
Sat	5/22	Varsity Finals @ Moorpark HS	8:30 AM
Sun	5/23	Club Picnic @ Borchard Park	Noon - 2
Sat	6/5	Dual Conf Championship @ Carpenteria HS	8:30 AM

Track Meet Order of Events

Running Events	Team Order
3200 M Run	MG,MB,YG-IG,YB-IB
100/80 M Hurdles	IB,YB,IG,YG / MB,MG
4x100 M Relay	BG,BB,MG,MB,YG,YB,IG,IB,GG,GB
1600 M Run	GG,GB,BG,BB,MG,MB,YG,YB,IG,IB
400 M Dash	GG,GB,BG,BB,MG,MB,YG,YB,IG,IB
100 M Dash	GG,GB,BG,BB,MG,MB,YG,YB,IG,IB
800 M Run	GG,GB,BG,BB,MG,MB,YG,YB,IG,IB
200 M Dash	BG,BB,MG,MB,YG,YB,IG,IB,GG,GB
4x400 M Relay	BG,BB,MG,MB,YG,YB,IG,IB
Field Events	Team Order
High Jump	BG,BB,MG,MB,YG,YB,IG,IB
Long Jump	GG,GB,BG,BB,MG,MB,YG,YB,IG,IB
Shot Put	IG,IB,YG,YB,MG,MB,BG,BB

NPTC is chartered under VCYTFC which is a nonprofit organization: Tax ID #: 77-0273966.

For more info go to www.nptrackclub.org